



United Churches Healing Ministry

Christian Counselling, College and Resource Centre

Registered Charity number 1097753

Statement of Aims and Objectives

02 September 2022

These are the objects of the charity as lodged with the Charity Commission

Objects of the Charity

- ◆ To promote and protect the good mental health of people resident in the United Kingdom, in particular in the county of West Yorkshire by the provision of a Christian counselling service.
- ◆ To advance education by providing the facilities for the training of Christian counsellors.
- ◆ To promote good standards in pastoral care for the advancement of the Christian Faith throughout the United Kingdom with regard but not restricted to the county of West Yorkshire.

UCHM was registered as a charity in 1992 to offer a professional counselling service to the community. Counselling and psychotherapy can help someone work through difficulties and problems and talking things through and having someone to share the journey really does make a difference.

We offer counselling to anyone aged over 16 years of age who is in need. Although we are a Christian organisation anyone can use our service and counselling will only include issues of faith at the client's request.

We make a contract with each person who uses the service where individual requirements are noted.

We offer individual face to face counselling (remote one to one counselling via zoom or telephone may be available in exceptional circumstances). Our model is integrative. The central core model is person-centred with psychodynamic insight. We work with each client in the way that is the most appropriate for them.

All counselling sessions take place on the premises of UCHM or one of our counselling surgeries, although remote sessions can be from the counsellor's home if confidentiality can be guaranteed. We do not undertake home visits.

UCHM is an independent BACP Accredited Counselling Service and works to the BACP Ethical Framework for the Counselling Professions. All counsellors are either working toward accreditation or are accredited by BACP (British Association for Counselling & Psychotherapy) or ACC (Association of Christian Counsellors).



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No set charge is made for the counselling, but we ask clients to make a regular donation towards the cost as we rely on donations to continue the service. We suggest a minimum donation of £5, however UCHM is committed to offering counselling to all – regardless of a person's ability to pay.

Counselling sessions take place on Monday to Friday from 9.00am. Mondays last available session is 7.00pm. Tuesday and Friday's last available session is 4.00pm. Wednesdays last available session is 7.30pm, Thursdays last available session is 6.00pm. Reception is open 9.15am – 5.00pm Monday to Friday and an answer machine is available at other times.

UCHM asks that all who work within the charity are sympathetic with the Ethos (explained on the next page entitled 'To All Volunteers') and the Aims of the organisation and are willing to take a promise of confidentiality.

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Document Revisions

Statement of Aims and Objectives			
Version	Description of Change	Date	Review Date
1.0	Review and format updated	20/11/2020	
1.1	Updated to include remote counselling	05/05/2021	
1.2	Changes to remote counselling due to end of Covid restrictions. Changes to closing times due to availability of evening receptionists	02/09/2022	Sept 2023