

The Tree of Life Centre (Formerly UCHM)



Counselling, College and Room Hire

Cedar Tree Counselling Service BACP Accredited Service, affiliated with ACC and works

according to BACP Ethical Framework for Counselling Professions and ACC code of Ethics and Practice

Trinity Training College CPCAB Approved Centre delivering CPCAB Accredited and ACC recognised courses

The Elms Sports Hall and Room Hire

“The leaves of the tree are for the healing of the nations” Rev 22:2

Statement of Aims and Objectives

03 October 2023

These are the objects of the charity as lodged with the Charity Commission

Objects of the Charity

- ◆ To promote and protect the good mental health of people resident in the United Kingdom, in particular in the county of West Yorkshire by the provision of a Christian counselling service.
- ◆ To advance education by providing the facilities for the training of Christian counsellors.
- ◆ To promote good standards in pastoral care for the advancement of the Christian Faith throughout the United Kingdom with regard but not restricted to the county of West Yorkshire.

The Tree of Life Centre, formerly United Churches Healing Ministry (UCHM) was registered as a charity in 1992 to offer a professional counselling service to the community. Counselling and psychotherapy can help someone work through difficulties and problems and talking things through and having someone to share the journey really does make a difference.

We offer counselling to anyone aged over 16 years of age who is in need. Although we are a Christian organisation anyone can use our service and counselling will only include issues of faith at the client's request.

We make a contract with each person who uses the service where individual requirements are noted.

We offer individual face to face counselling (remote one to one counselling via zoom or telephone may be available in exceptional circumstances). Our model is integrative. The central core model is person-centred with psychodynamic insight. We work with each client in the way that is the most appropriate for them.

Tel: 01484 461098 **E-mail:** office@thetlc.org.uk **Website:** www.thetlc.org.uk

Registered Office: The Tree of Life Centre Colne Valley, Beth Shalom, 78 New Street, Milnsbridge, Huddersfield, HD3 4LD
Registered Charity 1097753, Company Registered in England and Wales 04614787



Affiliated Counselling and Training Organisation (UK based)
Affiliate No: A00031



All counselling sessions take place on the premises of The Tree of Life Centre or one of our counselling surgeries, although remote sessions may be from the counsellor's home if confidentiality can be guaranteed. We do not undertake home visits.

Tree of Life Centre is an independent BACP Accredited Counselling Service and works to The BACP Ethical Framework for the Counselling Professions. All counsellors are either working toward accreditation or are accredited by BACP (British Association for Counselling & Psychotherapy) or ACC (Association of Christians in Counselling and Linked Professions).

No set charge is made for the counselling, but we ask clients to make a regular donation towards the cost as we rely on donations to continue the service. The Tree of Life Centre is committed to offering counselling to all – regardless of a person's ability to pay.

Counselling sessions take place from Monday to Friday during the daytime with evening sessions available three evenings during the week. An answer machine is available outside of office hours.

The Tree of Life Centre asks that all who work within the charity are sympathetic with the Ethos (explained on the next page entitled 'To All Volunteers') and the Aims of the organisation and are willing to take a promise of confidentiality.

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Document Revisions

Statement of Aims and Objectives			
Version	Description of Change	Date	Review Date
1.0	Review and format updated	20/11/2020	
1.1	Updated to include remote counselling	05/05/2021	
1.2	Changes to remote counselling due to end of Covid restrictions. Changes to closing times due to availability of evening receptionists	02/09/2022	
1.3	Changes associated with the renaming of UCHM to The Tree of Life Centre. ACC change of name.	09/01/2023	
1.4	Removal of detailed information regarding opening hours. Additional changes associated with the renaming of UCHM to The Tree of Life Centre.	15/03/2023	
1.5	Reviewed – no change	03/10/2023	Oct 2024